

Dear Parent(s) or Guardian(s):

New York State law requires that each child in a school district have a health examination including body mass index before entering school for the first time, and when they enter Pre-K or Kindergarten and again in grades 1, 3, 5, 7, 9, 11.

Students wishing to play interscholastic sports or requesting work permits must have an annual health exam. A dental exam form is also requested (at the same time) but is not required.

Schools cannot accept the health exam if it is not the required form or the required health record equivalent.

Your own health care provider is always the best choice for these exams. We encourage you to call early as it may take several weeks to schedule exams during the busy summer and fall months. If you do not provide an exam form by, an exam will be scheduled with the district physician. While most parents choose not to attend, you may do so if you wish. Please let your child know they will be examined at school. Upon completion of in-school exams, you will be informed of any important findings and need to follow up with your health care provider.	
Student's Name	Grade
Student's School	
☐ My child had a health exam on I will return the con	npleted form by the date above.
☐ My child has an appointment to have a physical with his/her he My child's MD/NP/PA or I will return the form by the date above	•
☐ Schedule the district physician/to complete the exam for my ch	nild.
Parent Name	Date
Parent's Signature	
Parent Phone Number:	