



Lady Eagles VOLLEYBALL

2019 Summer Practice Schedule



Open to girls 6th through 12th grade

We had a great turnout for the Volleyball Clinic that was held in May. Nine girls participated and each improved their skills during the week!

PLEASE put the following dates in your calendar and arrange for your girls to attend!

*Our first game is **Monday, September 9th**, therefore **Summer practice is very important!!!***

Wednesday, July 17	8AM-11AM
Friday, August 2	8AM-11AM
Tuesday, August 6	8AM-11AM
Wednesday, August 7	8AM-11 AM
Tuesday, August 13	8AM-11 AM
Wednesday, August 14	8AM-11 AM
Tuesday, August 20	8AM-11 AM
Wednesday, August 21	8AM-11 AM
Tuesday, August 27	8AM-11 AM
Wednesday, August 28	8AM-11 AM

Practices are scheduled early in the day, when the air will be the coolest. Bring a water bottle!

Regular season practices begin on the *first day of school*, September 4th. **Practice times, during this first week (Wednesday, Thursday, Friday) will be 3:00PM to 5:00PM.** When the calendar is finalized we will provide a full list of games and practices. Volleyball sign up is in the CAWNY office.

On Thursday, September 5th, at 5:00PM, there will be a family meeting. **Please plan for at least one adult to attend this meeting with your player.**

We are excited to be coaching again and look forward to a great season! Contact us with any questions.

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